



Liquid Gold 10
asian pear / turmeric
gala apple / ginger
lemon / celery

Kale Tonic 8
ginger / kale / cucumber



Mimosa 12
bubbles / orange

Bellini 12
bubbles / peach

Bloody Mary 12
vodka / tomato / lime

Greyhound 12
vodka / grapefruit



Espresso 5

Cappuccino 6

Café au Lait 6

Americano 6

Hot Cocoa 5.5



Jasmine Gold Dragon 5

Imperial Breakfast 5

Egyptian Chamomile 5

Flora's Berry Garden 5

Oregon Mint 5

Creamy Earl Grey 5



KITCHEN FAVORITES

AMERICAN BREAKFAST *

choice of bacon / sausage / ham
two eggs any style / potatoes / toast
19

EGGS BENEDICT *

two poached eggs / canadian bacon
toasted house made muffin
hollandaise
18

BREAKFAST SANDWICH *

sourdough bread / fried eggs / bacon
ham / mayo / swiss / tomatoes
smashed avocado
18

STEAK & EGGS *

two eggs any style / 8 oz. flat iron
herb butter / potatoes
28

SMOKED SALMON *

two poached eggs / smoked salmon
spinach / american caviar / hollandaise
toasted house made muffin
21

CORNED BEEF HASH *

two eggs any style / potatoes
rustic corned beef / texas toast
18

BISCUITS 'N' GRAVY *

two eggs any style / two jumbo biscuits
sausage gravy
18

HUEVOS RANCHEROS *

two eggs any style / refried beans
cheddar & cotija / tortillas / crema
ranchero sauce / avocado / chorizo
19

BREAKFAST BURRITO *

scrambled eggs / chorizo / sausage
pico de gallo / poblano / cheddar
cheese / potatoes / hollandaise on side
18



LIFESTYLE CUISINE



The concept of eating well carries many meanings at our Well & Being Spa -- from nourishing your mind and body, we are committed to providing our guests with a diverse selection of food and beverage offerings in support of their health and wellbeing.

IRONWOOD FRITTATA *

egg whites / spinach / tomato
broccolini / mozzarella
mushrooms
18

WHOLE FOOD SMOOTHIE

kale blend / strawberry / pineapple
banana / orange juice / flax seed
chia seed / coconut
12

FRESH FRUIT PLATE

seasonal selection
banana nut bread
16

AVOCADO TARTINE

smashed avocado / radish / lemon
pickled onion
12
add crab 4 add egg 3*

CONTINENTAL BREAKFAST

greek yogurt & granola parfait
seasonal berries / bran muffin
mini 'whole food smoothie'
18

QUINOA BURRITO *

wheat tortilla / quinoa / corn
black beans / avocado / egg whites
cotija / salsa molcajete
18



OMELETS

CREATE YOUR OWN*

served with breakfast potatoes
choose any 3

THE DENVER*

diced ham / diced bacon
cheddar cheese / potatoes
18

bacon / chorizo / ham / chicken sausage / jumbo lump
crab / aged cheddar cheese / swiss cheese / provolone
pepper jack / american cheese / tomato / mushrooms
onion / jalapenos / spinach / avocado / asparagus
broccolini / pico de gallo

18

additional toppings .75 each

FOREST MUSHROOM*

baby spinach / mushrooms
potatoes
18



SWEETS

BELGIAN WAFFLE

fresh strawberries / sliced banana / whipped cream
18

STICKY BUN FRENCH TOAST

house made sticky bun / blueberry compote / vanilla anglaise
20

CRÈME BRULEE OATMEAL

oats / lemon custard / fresh berries
12

BUTTERMILK OR WHOLE WHEAT PANCAKES

cinnamon honey butter / fresh berries / maple syrup
18