

Well & Being

AT WILLOW STREAM SPA

LIVE IT WELL

In partnership with La Hacienda by Richard Sandoval
our Well & Being nutritionist has selected items
from the La Hacienda menu that support a healthy lifestyle.

The concept of eating well carries many meanings
at Well & Being at Willow Stream Spa.
From nourishing your mind and body,
to improving your quality of living.
We are committed to providing you with diverse menu
offerings in support of your health and wellbeing.

The best ingredients
+
Our incredible culinary team
+
The Well & Being philosophy
=
An alliance between the good and good for you



LA HACIENDA

by richard sandoval



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WELL & BEING AT WILLOW STREAM SPA HEALTHY CUISINE MENU SELECTIONS

ANTOJITOS

GUACAMOLE 16

avocado | tomato | chile serrano | cilantro | onion

CEVICHE DE MARISCOS* 20

shrimp | clams au gratin | octopus chicharron | agua chile

ENSALADAS Y SOPAS

BABY GREENS SALAD 15

heirloom tomato | mango | orange | avocado
candied pepitas | requeson | vinaigrette trio

CALDO DE QUESO 10

chicken broth | gold potatoes | corn
queso fresco | hatch green chile | cream

PLATOS MEXICANOS

BRANZINO A LA PARILLA 36

cabbage slaw | mango salsa | chile arbol remoulade

VERDURAS de la TEMPORADA 28

seasonal vegetables | butternut squash quesadillas
mole verde

POSTRES

SEASONAL BERRIES 7

Calories 64, Fat 0.6g, Carb 15.4g, Protein 1.2g

Executive Chef | Forest Hamrick