



WELL & BEING SPA EARNS 10TH CONSECUTIVE FOUR STAR RATING
5 Diamond Resort's Well & Being Earns Prestigious Forbes Rating

SCOTTSDALE, Ariz. (March 4, 2019) – For the 10th year in a row, [Well & Being Spa](#) at the [Fairmont Scottsdale Princess](#) has been awarded four stars from the prestigious *Forbes Travel Guide*. The 44,000 square foot facility includes 27 treatment rooms, waterfall grotto, rooftop pool, state of the art gym with expert instruction, and many more amenities. An exclusive rating, Well & Being is one of only ten Four Star spas in Arizona.

“We’re extremely proud of our colleagues and our facility for maintaining such a distinguished rating from *Forbes Travel Guide*,” says Grant Lessard, spa director. “Our team’s dedication to our guests’ needs is truly impressive and along with our innovative treatments, helps us to earn this distinction year after year.”

Forbes inspector’s highlights included the impressive number of spa service offerings, the dedication to incorporating the elements into treatments and the “three magnificent” manicure and pedicure options.

Some of the Well & Being’s most [popular treatments](#) are the Well & Being Signature Journey Massage, Havasupai Falls Rejuvenation, Singing Bowl Sound Therapy, and the brand new Desert Botanical Facial. The spa is not limited to hotel guests, and is available for individual local appointments and the fitness programs and amenities are also accessible to the public with a [spa membership](#).

“Having a spa of this caliber is incredibly important to our resort,” says Jack Miller, regional vice president and general manager at the Fairmont Scottsdale Princess. “It provides our discriminating guests with a top of class amenity and memorable, luxurious experiences. Well & Being exemplifies the Princess’ commitment to provide experiences that our guests want to make a tradition.”

In addition to treatments and work out facilities, Well & Being also offers a healthy, well balanced [menu](#) prepared on-site and to order. New in 2019 are small group fitness classes, including Core 360, new aerial yoga classes, and more.

Spa images, including treatments and facilities can be found here:

<https://www.dropbox.com/sh/9rs3kq2g0qdm2r4/AADxfJaoRdlUwZ7Krq0xtCtDa?dl=0>.

About Fairmont Scottsdale Princess

Set against the backdrop of Arizona's McDowell Mountains, the AAA Five Diamond Fairmont Scottsdale Princess reflects its Southwestern setting with Spanish colonial-style architecture, expansive plazas and lush, flower-filled gardens. The resort features 750 oversized guest rooms (including 102 new guest rooms at Sunset Beach) six heated swimming pools, the luxurious 44,000 square foot Well & Being Spa, championship golf at the adjacent TPC of Scottsdale and the Trailblazers Kids Club. Dining options include Ironwood American Kitchen serving breakfast, lunch and dinner, Bourbon Steak, the AAA Four Diamond steakhouse by acclaimed chef Michael Mina; modern Mexican cuisine at La Hacienda by Richard Sandoval and Toro Latin Restaurant & Rum Bar by Richard Sandoval, serving Pan Latin fare with stunning views overlooking the 18th green at the TPC of Scottsdale Stadium Course. The Plaza Bar in Princess Plaza serves craft cocktails nightly with scenic outdoor fire pit patios. For more details, please call (866)-540-4495 or visit scottsdaleprincess.com. Join the resort's online communities at facebook.com/FairmontScottsdale, instagram.com/fairmontscotsdl & twitter.com/fairmontscotsdl.

About Fairmont

Fairmont Hotels & Resorts is where occasions are celebrated and history is made. Landmark hotels with unrivalled presence, authentic experiences and unforgettable moments have attracted visitors to Fairmont and its destinations since 1907. The Plaza in New York City, The Savoy in London, Fairmont San Francisco, Fairmont Banff Springs and Fairmont Peace Hotel in Shanghai are but a few of these iconic luxury hotels, forever linked to the special places where they reside. Famous for its engaging service, grand public spaces, locally inspired cuisine and celebrated bars and lounges, Fairmont promises a special brand of thoughtful luxury that will be remembered long after any visit. With a worldwide portfolio of more than 75 hotels, Fairmont also takes great pride in its deep community roots and leadership in sustainability. Fairmont is part of Accor, a world-leading travel and lifestyle group which invites travelers to feel welcome in almost 4,800 hotels, resorts and residences, along with some 10,000 of the finest private homes around the globe. fairmont.com | accorhotels.group

About Well & Being

Developed by professional spa management company Trilogy Spa Holdings, in response to the growing interest in wellness and holistic health among leisure and business consumers, Well & Being is an innovative spa concept at luxury resorts featuring immersive, fully-customized wellness experiences including fitness, nutrition, integrative medicine, mind-body therapies and advanced skincare. Spreading the concept of evidence-based healthy living, Well & Being utilizes a community of accomplished spa, fitness and health professionals led by Chief Medical Officer, Dr. Tieraona Low Dog, a renowned expert in integrative medicine, to provide guests with a personalized assortment of evidenced based tools for immediate and long-lasting results. For more information, visit wellandbeing.com. Join our online communities at facebook.com/wellandbeing, instagram.com/wellandbeing, twitter.com/wellandbeing.

About Trilogy Spa Holdings

Trilogy Spa Holdings (Trilogy) is a professional spa management company dedicated to creating and operating the most innovative, service-centric and performance optimized branded spas in the hospitality industry. Built on a foundation of experienced spa operators, healthcare professionals, beauty and hospitality industry veterans, Trilogy is the critical management link between hospitality companies, integrated medical and wellness services and luxury beauty brands. For more information please visit: TrilogySpaHoldings.com.

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